

Dear Parent or Guardian:

Your child has just undergone dental surgery with a general anesthetic. Since every child responds differently to such procedures, we have put together information that will address some common concerns.

### **NAUSEA & VOMITING**

Any nausea and /or vomiting that may occur will last a short time. If your child does vomit, wait about 30 minutes before giving them liquids such as water or carbonated soft drinks. If nausea does not occur, progress slowly to a regular diet. Try soup, crackers and the solid foods. Your child should feel much better the next day.

### **BLEEDING & PAIN**

Children respond to pain differently and, therefore, their mouth may or may not feel sore after surgery. If necessary, you may give your child Children's Tylenol or Motrin to make them feel more comfortable. There may be a small amount of bleeding around the gums. The gums are pushed on and cleaned around during surgery; therefore bleeding is normal after dental surgery and will go away after a few days. If teeth were extracted there may be some discomfort and bleeding. We may have placed some Gel Foam into the socket which helps stop the bleeding. You do not need to do anything different with it. If your child's mouth starts bleeding excessively, please call our office or Dr. Wong.

### **FEVER**

After any surgical procedure a low-grade fever (99-100.5 F) is normal. You may give your child Children's Tylenol or Motrin\*. If the fever continues over 101.5 F for 24 hours, please call our office, Dr. Wong or your family physician.

### **ACTIVITY**

Your child may feel sleepy for the next 24 hours. This is due to the medicine your child has received. Please do not leave your child alone. Children should rest at home, but may be up and about. Please, have your child refrain from exercise that requires quick reflexes for 24 hours. Regular activity is encouraged the day after surgery.

### **SORE THROAT**

Your child may have a sore throat due to the drying effects of the anesthetic gases and placement of the breathing tube while asleep.

### **FLUORIDE**

Your child had a fluoride varnish applied at today's visit due to their high caries risk. If you notice a whitish residue on the teeth this is the fluoride varnish. With the varnish on we do ask that you do not brush the teeth tonight so the fluoride has time to penetrate. They can eat and drink normally after 15 to 30 minutes or when they are feeling up to it after their general anesthesia appointment.

### **POST OPERATIVE**

Please schedule a post-operative visit for one to two weeks after the time of surgery. If you have any further questions or concerns, please call our office at (425) 401-1147 or (425) 998-7678.

\*As with all medications, please follow the manufacturer's written instructions for administering drugs (found on the package). Aspirin is contraindicated for children.